

<b>Cakes, Loaves &amp; Traybakes</b>	<b>Suitability</b>		<b>Allergens</b>						
	<b>Vegetarian</b>	<b>Vegan</b>	<b>Gluten</b>	<b>Eggs</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Soya</b>	<b>Sesame</b>
Pumpkin & Orange Cake	*		*	*	*				
Chocolate Avocado Mousse	*	*					*		
Apple Crumble Loaf	*		*	*	*				
Tunisian Orange Cake	*		*	*			*		
Classic Victoria Sponge	*		*	*	*				
Spicy Apple Cake	*			*			*		
Coffee & Walnut Cake	*		*	*	*		*		
Banana Caramel Loaf	*		*	*	*		*		
Salted Fudge Brownie	*			*	*				
Date & Orange Flapjack	*	*	*				*		
Bedlam Chocolate Cake	*		*	*	*				
Treacle Ginger Sponge	*		*	*	*				
Spiced Ginger Loaf	*		*	*	*				

Sticky Fingers Cakes make every attempt to identify ingredients that may cause allergic reactions. Every effort is made to instruct our staff on the severity of food allergies. In addition, we highlight items with possible allergen-containing ingredients on our publicity and ingredients list. We take great care to use separate equipment when preparing nut-free or gluten-free cakes. However, all our cakes are made in the same kitchen so please consider this if you have a severe allergy.

There is also a possibility that manufacturers can change the formulation at any time, without notice. Customers concerned with food allergies need to be aware of this risk.

Because we want your cake eating experience to be perfect we put extra effort into checking all our deliveries of nuts and fruit by hand for pieces of shell or fruit stone. However, please be vigilant in case any have slipped past our beady eyes!

# Sticky Fingers Ingredients List Winter 2017

## New Favourites -

**Pumpkin & Orange Cake** - nut free - **gluten/dairy/eggs** - Flour/sugar/corn oil/eggs/pumpkin/sultanas/orange oil/mixed spice/butter/cream cheese

**Chocolate Avocado Mousse** - vegan/sugar free - **nuts** - Walnuts/dates/almonds/coconut/agave syrup/avocado/cocoa/coconut oil/vanilla/cinnamon

**Apple Crumble Loaf** - nut free - **gluten/dairy/eggs** - Flour/sugar/vegetable margarine/eggs/apple/walnuts/milk/ butter/mixed spice

## Regular Favourites -

**Bedlam Chocolate Cake** - nut free - **gluten/dairy/eggs** - Flour/sugar/butter/Bedlam Porter/cocoa/milk/eggs/vanilla/cream cheese

**Treacle Ginger Sponge** - nut free - **gluten/dairy/eggs** - Flour/sugar/treacle/golden syrup/butter/milk/eggs/stem ginger/ground ginger/cinnamon/cream cheese

**Coffee & Walnut Cake** - contains nuts - **gluten/dairy/eggs/nuts** - Flour/sugar/vegetable margarine/milk/eggs/butter/Camp Coffee essence/walnuts

**Tunisian Orange Cake** - dairy free - **gluten/eggs/nuts** - Sugar/corn oil/eggs/ground almonds/oranges/lemons/bread crumbs/orange oil/lemon oil/cinnamon

**Classic Victoria Sponge** - nut free - **gluten/dairy/eggs** - Flour/sugar/vegetable margarine/cornflour/milk/eggs/butter/vanilla blackcurrant conserve

**Spicy Apple Cake** - contains nuts/gluten free/dairy free - **eggs/nuts** - Ground almonds sugar/eggs/apple/sultanas/lemon zest and juice/flaked almonds/spices/vanilla

**Spiced Ginger Loaf** - nut free - **gluten/dairy/eggs** - Flour/sugar/golden syrup/vegetable margarine/milk/eggs/stem ginger/ground ginger/mixed spice/cinnamon/orange oil

**Caramel Banana Loaf** - contains nuts - **gluten/dairy/eggs/nuts** - Flour/sugar/vegetable margarine/sultanas/banana/walnuts/eggs/whisky/butter/milk

**Salted Fudge Brownie** - nut-free/gluten free - **dairy/eggs** - Gluten free flour/sugar/butter/dark chocolate/cocoa/eggs/sea salt flakes

**Date & Orange Flapjack** - vegan - **gluten** - Oats/flour/coconut/dates/vegan sunflower margarine/sugar/golden syrup/orange zest and juice/vanilla

Allergens are **highlighted**

**Sticky Fingers - 01273 933980**

**www - stickyfingerscakes.co.uk**

**email - stickyfingers@realpatisserie.co.uk**